

**Situational Analysis of Practical Approach to Lungs Health (PAL),
Baitadi district Nepal**

Objective: To explore the current situation of Practical Approach to Lung Health (PAL) at implementation level in Baitadi District of Nepal.

Methods and Materials: Cross sectional study was conducted using both quantitative and qualitative methods. Altogether 5 in-depth interviews and semi-structure interview were done with the in-charge of health facilities were done to collect information.

Findings: The prevalence of respiratory problem is quiet high in Baitadi district. Out of them the ones which are more common includes URTI, ARI with other illness like pneumonia, bronchitis, asthma, COPD etc. Provision of these respiratory problems related services are done by the public sectors with no availability of the private sector in the district. Lack of training to the staff members, inadequate medical equipments and x-ray facilities, inadequate community participation and improper reporting, monitoring and supervision mechanism were identified as some of the issues in the district.

Conclusion: Strengthening the public health sector and developing their capacity in terms of equipments and lab facility, provision of training to the staffs members and establishing a proper reporting, monitoring and evaluation system in the district for effective implementation of PAL.

